



Y4Y Volunteer Opportunities

Time4Change:

Time4Change (T4C) is an annual art activism event centered on raising awareness for issues of youth homelessness. We accept art submissions year-round that will be highlighted at our annual *Art Showcase*. We accept all forms of art including, painting, photography, spoken word, and many more!

Donate your time:

Donate Dessert:

There is no better way to sweeten up a day than with a homemade baked good. Whether cookies, cakes, or bars are your specialty, they will sweeten up anyone's day.

Seasonal Goodie Bags:

Consult the "National Day Calendar" and create a fun goodie bag.

<https://nationaltoday.com/national-day-calendar/>

Food Care Packages: The cost of living independently can be an expensive journey, and some youth must make the choice between shelter and food. This is a choice that no individual should have to make. YWS helps ease some of the costs associated with youth living on their own with food care packages. Put together food care packages or organize a collection drive of essential items for our young residents moving out on their own. These items include; canned meat, canned milk, canned vegetables, dried beans, and other non-perishable items.

Paper Bag Lunch: YWS requires over 5,000 brown bag lunches annually. Prepare lunch bags for residents working or in school. Each lunch bag could contain 2 sandwiches, a piece of fruit, a snack bar, a juice box, and a treat (square, cookie, etc.).

Creative writing for the cause

There is many common misconceptions and myths surrounding homeless youth. Help us educate our community and spread awareness about the realities of youth homelessness by writing for the cause! Once reviewed and approved by the YWS team, we are able to share blog posts, short stories, poems, and other creative writing on our website and social channels to help spread awareness and inspire others to help those in need.

Personal Care Kit: When a youth arrives at YWS, we provide them with their own personal care kit which contains all of the items they need to look after their personal hygiene. Put together Personal Care Kits and help us provide the basic necessities to the youth who enter our front door. Each kit contains: mini shampoo, mini conditioner, mini body lotion, a comb/brush, soap, toothbrush, mini toothpaste, deodorant, and lip balm.



Ways to Fundraise for YWS

Third Party:

Support YWS by hosting your own fundraiser. From large scale to small but mighty impact, YWS' Third Party Toolkits will help you plan a fundraiser to maximize your impact. These toolkits are a guide to planning your fundraiser. It includes tax forms, budget suggestions, and social media tips. You can fundraise items, monetary donations, or host your own event.

Tiltify:

If you are looking to combine your passion for video games and giving back to your local community. Consider hosting your own fundraiser on Tiltify.

Facebook Fundraiser:

Are you celebrating a milestone? Consider hosting a Facebook fundraiser to give back to YWS in honour of your special day.

CONTACT:

For further information, contact **Varagi; Volunteer and GIK Specialist**, varagi@yws.on.ca or **416-748-0110 ext. 62**

Don't Forget: *If you are in high school, all your hours can count toward your volunteer hours. Keep track of time spent and we will sign off on your hours when the project is complete.*

